



Leave No Trace/Breathe **IMPACT METER**

Seven Principles of LNT	5	4	3	2	1	0	Mark
Plan ahead and prepare	No planning of trip/ expedition No preparation for trip/ expedition.	Minimal planning of trip/ expedition evident, minimal preparation for trip/ expedition evident.	Some planning of trip/ expedition evident, Some preparation for trip/ expedition evident.	Moderate planning of trip/ expedition evident, Moderate preparation for trip/ expedition evident with little consideration for unexpected happenings.	High degree of planning of trip/ expedition evident, High degree of preparation for trip/ expedition evident with some consideration for unexpected happenings.	High degree of planning of trip/ expedition evident, High degree of preparation for trip/ expedition evident with high degree of consideration for unexpected happenings.	
Travel and camp on durable surfaces	Traveled and camped entirely on environmentally sensitive surfaces.	Traveled and camped on some environmentally sensitive surfaces.	Made an attempt to travel and camp on durable surfaces, yet was not fully able to.	Actively planned to travel and camp entirely on durable surfaces, and was partially able to.	Planned to traveled and camp entirely on durable surfaces, and was mostly able to.	Traveled and camped entirely on durable surfaces.	
Dispose of waste properly	Waste was left on path/site for trip/ expedition.	Most waste was left on path/site for trip/ expedition.	Only wrapper/ packaging waste was packed out or disposed of using accepted techniques.	Some waste was packed out or disposed of using accepted techniques.	Planning to remove all waste brought in was evident. Most waste was packed out or disposed of using accepted techniques.	Planning to remove all waste brought in was evident. All waste was packed out or disposed of using accepted techniques. Other/Old waste was removed.	
Minimize campfire impacts	Campfires were made in areas not designated for fires or on environmentally sensitive surfaces and damage to area occurred.	Campfires were made in areas not designated for fires or on environmentally sensitive surfaces.	Campfires were made in areas designated for fires or on environmentally durable surfaces, yet campfire was excessive and dangerous.	Campfires were made in areas designated for fires or on environmentally durable surfaces, yet campfire was excessive.	Campfires were made in areas designated for fires, group utilized mound fires as alternative, ashes were scattered about.	No Campfires	



Seven Principles of LNT	5	4	3	2	1	0	Mark
Leave what you find	Flora/ Fauna /natural objects/ intentionally placed objects (bins...) were intentionally damaged.	Flora/ Fauna /natural objects/ intentionally placed objects (bins...) were removed from site.	Attempted not to disturb Flora/ Fauna /natural objects/ intentionally placed objects (bins...) was made.	Flora/ Fauna /natural objects/ intentionally placed objects (bins...) were left relatively undisturbed.	Flora/ Fauna /natural objects/ intentionally placed objects (bins...) were left undisturbed.	A respect for the natural environment was evident and Flora/ Fauna /natural objects/ intentionally placed objects (bins...) were left undisturbed.	
Respect wildlife	Displayed a blatant disrespect for wildlife. Obvious attempts to harass wildlife.	No respect for wildlife. Attempts made to get to close to wildlife, no thought to storage of food or hygiene products.	Displayed minimal respect for wildlife. Viewed wildlife from a distance but food scraps left around sites and no attempt to keep human food out of reach.	Displayed some respect for wildlife. Food stored properly and no attempts made to get to close to wildlife.	Displayed a healthy respect for wildlife. Food stored properly with no attempts made to get to close. Hygiene products stored away and food scraps on ground minimal.	Was respectful of wildlife and showed interest to influence others to act in similar ways.	
Be considerate of other visitors	No consideration was given to other visitors.	Minimal consideration was given to other visitors.	Some consideration was as to well being and experience of other visitors was evident.	Consideration was as to well being and experience of other visitors was evident.	Preparation which considered the well being and experience of other visitors was evident and attempts were made to follow through.	Preparation which considered the well being and experience of other visitors was evident and occurred.	
Sum							

Sum up score and divide by 7 to determine mark out of 5.